

AMLA MASSAGE & SPA

PHUKET, THAILAND



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CLASSIC EVERYDAY MASSAGE

TRADITIONAL THAI MASSAGE

A full-body massage (without oil) that eases stress and relieves muscle and joint soreness by focusing on the body's main pressure points.

60 minutes

60 minutes

B600

90 minutes

120 minutes **B** 1,150

120 minutes

B1,000

AROMATHERAPY OIL MASSAGE

A full-body massage using aromatic oils designed for relaxation, enhancing circulation and soothing the mind. Thai or Swedish styles available.

60 minutes	90 minutes	120 minutes
₿600	₿875	₿ 1,150

90 minutes

₿800

FEET & LEGS MASSAGE

Using special oils to stimulate the parasympathetic nervous system, which has a beneficial effect on many parts of the body. With foot scrub + \$\mathbf{B}\$ 350.

- NECK, SHOULDERS & BACK MASSAGE -

Relax on our upright massage chair to enjoy a soft or firm hands/elbow massage, relieving stress throughout your spine and upper torso.

60 minutes	90 minutes
₿650	₿925

AROMATHERAPY SPORT MASSAGE

A firm and energising full-body oil massage using stronger deep-tissue techniques. Relieves strained muscles and improves circulation.

60 minutes	90 minutes	120 minutes
₿750	₿ 1,075	₿ 1,400

BOOKING HOTLINE 0800 44 33 00 Call, WhatsApp or SMS

FREE RIDE





PHUKET, THAILAND

SPECIAL RESTORATIVE MASSAGE

AFTER SUN AROMATHERAPY MASSAGE

A gentle massage that soothes sundamaged skin, using special oils that soften dead skin cells, followed by deep cleansing using aloe vera. 60 minutes

90 minutes

120 minutes **₿ 1,600**

SLIMMING MASSAGE

A massage using a slimming device on key areas to reactivate the fat release process and eliminate localised fat. 10% discount for 6 daily sessions.

60 minutes	90 minutes	120 minutes
₿ 1,050	₿ 1,525	₿ 2,000

WARM CANDLE OIL MASSAGE

A soft glowing full-body massage using soy bean candle wax blended with shea butter and olive oil to moisterise and nourish the skin. 60 minutes90 minutes120 minutes**\$950\$1,375\$1,800**

- HERBAL PACK AROMATHERAPY MASSAGE -

A full-body massage adding Thai herbal therapy. Good for soothing muscle tension and stiffness in the body's key areas, especially after exercise.

90 minutes120 minutes₿ 1,125₿ 1,500

120 minutes

HOT STONES AROMATHERAPY MASSAGE -

Smooth aromatic stones made of volcanic basalt are placed on specific parts of your body. Ideal for anyone with muscle tension, insomnia or stress. 90 minutes **₿ 1,300**

120 minutes **В 1,700**

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FREE RIDE





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OTHER LUXURIOUS TREATMENTS

CANNABIS (CANNABIDIOL) MASSAGE

The benefits of massage with Cannabidiol (CBD) oil include reducing inflammation, soothing painful joints and muscles, and improving blood pressure.

60 minutes

60 minutes

B 1,300

90 minutes

120 minutes **₿ 1,850**

120 minutes

B2,500

AROMATHERAPY PREMIUM GOLD MASSAGE

A full-body massage using special gold aromatic oil for relaxing and nourishing the skin. Afterwards, your skin will be like gold.

60 minutes	90 minutes	120 minutes
₿ 1,100	₿ 1,600	₿ 2,100

90 minutes

B 1,900

FOUR HANDS MASSAGE

Two masseuses can double the pleasure of a Thai or aromatherapy oil massage.

FACIAL DEEP SKIN CLEANSING

Our facial treatments cleanse, exfoliate and nourish your skin, promoting a clear, well hydrated complexion. 8-step 12-step **\$ 800**

FULL-BODY SCRUBS -

Our full-body treatments help your skin to look and feel smooth and vibrant. Our range of scrubs include salt, coffee, herbal and coconut scrubs. 60 minutes 90 minutes ₿ 800 ₿ 1,100

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FREE RIDE

